



EVIDENCE SYNTHESIS
IRELAND



Cochrane
Ireland

Evidence Synthesis Ireland Fellowship Scheme

Review Identification Form

Review Centre/Group Mentor

Host Centre: Cochrane Schizophrenia
Mentor: Irene Bighelli
Deputy Co-ordinating Editor Cochrane Schizophrenia Group
Department of Psychiatry and Psychotherapy, Technical University of Munich

Review title

Cognitive behavioural therapy plus standard care for first episode psychosis

Review type and methods

Cochrane review and meta-analysis

The fellow will learn:

- screening of references according to inclusion criteria defined in the protocol
- data extraction using predefined forms
- data check and discussion with a second reviewer
- contacting study authors to retrieve additional data
- data analysis using RevManWeb
- use of Cochrane RoB2 tool to evaluate the quality of a study
- interpretation of results
- writing results
- interpreting and discussing results

Review information

- Review approved by Cochrane Schizophrenia group
- End users are clinicians, researchers, patients with schizophrenia and their families

Review details

The review investigates the effects of cognitive behavioural therapy for patients experiencing a first episode of schizophrenia on multiple efficacy (symptoms of schizophrenia, quality of life, functioning) and tolerability outcomes (leaving the study early, adverse events, mortality).

Details can be found in the published protocol:

<https://www.cochranelibrary.com/cdsr/doi/10.1002/14651858.CD015331/epdf/full>

Review current status

Protocol published

(<https://www.cochranelibrary.com/cdsr/doi/10.1002/14651858.CD015331/epdf/full>), searches started as well as references screening.

Any specific/desirable requirements for Fellow

No expertise required, but would be nice if the fellow had an interest in psychiatry and psychotherapy.

Estimated start and completion dates

Review already started, we plan to complete by March 2023.