



EVIDENCE SYNTHESIS I R E L A N D

Introduction to Systematic Reviews (Online – 4 half days)

Background

Health care policy and practice decisions should be based on a synthesis of the global body of evidence rather than relying on individual studies. Cochrane Ireland and Evidence Synthesis Ireland promote evidence based healthcare policy and practice by supporting high quality, relevant systematic reviews and other synthesised research evidence.

Aim

This workshop provides authors, at the beginning of the systematic review process, with an in-depth understanding of how reviews are planned and conducted. It offers an insight to the development of a protocol, introducing participants to methodology, search methods, data extraction, risk of bias assessment and meta-analysis.

Learning outcomes

In this course participants will be enabled to:

- Understand the basic principles of a systematic review
- Identify the scope of their review
- Understand search methods and apply these methods to their search strategy
- Apply the criteria for selecting studies
- Understand the principles of creating a data collection form and of data extraction
- Understand the principles of risk of bias assessment
- Understand principles of heterogeneity and understand the methods for assessing and addressing it
- Attain a basic understanding of principles of meta-analysis

Date:

**24th, 28th, 31st January
& 4th February 2022**

Time:

10.00-13.00

Facilitators:

Prof. Declan Devane

ESI & Cochrane Ireland Director
Professor, School of Nursing
& Midwifery
NUI Galway

Dr Julie Broderick

Associate Professor in
Physiotherapy
School of Medicine
Trinity College Dublin

Skill level:

Introductory

Prerequisites:

**Have a basic knowledge
of health research. Are
interested in learning
more on the methods of a
systematic review.**

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Target Audience

Healthcare professionals, academics, researchers, decision makers and Evidence Synthesis Ireland fellows who have identified a review topic and are ready to begin working on their protocol.

Teaching strategies

This course will include blended learning with two months free access to Cochrane Interactive Learning self-directed learning modules, a number of which will be required study prior to the workshop.

Places:

25 places available for individuals who are resident on the island of Ireland

Fee:

**€150 (General)
€80 (Student)**

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Course timetable

Day 1 – Monday 24th January 2022	
Pre-learning:	Have completed below modules from Cochrane Interactive Learning
Module 1:	Introduction to conducting systematic reviews
Module 2:	Writing the review protocol
Module 3:	Searching for studies
10:00	Welcome, introduction of presenters
10:15	Defining a review question – defining objectives and creating a PICO (population, interventions, comparators, outcomes)
10:45	Practical exercise with PICO development
11:00	Practical exercise feedback
11:15	Break
11:30	Writing a protocol
12:00	Identifying search terms and searching for relevant studies in a systematic way
12:30	Practical exercise: developing a search strategy
12:45	Practical exercise feedback
13:00	Close

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Introduction to Systematic Reviews (Online – 4 half days)

Course timetable

Day 2 – Friday 28th January 2022	
Pre-learning:	Have completed below modules from Cochrane Interactive Learning
Module 4:	Selecting studies and collecting data
Module 5:	Introduction to study quality and risk of bias
10:00	Recap and questions on previous workshop
10:30	Screening studies assessing eligibility
11:00	Break
11:15	Practical exercise: assessing eligibility
11:45	Practical exercise feedback
12:15	Assessing risk of bias (2.0)
13:00	Close

Day 3 – Monday 31st January 2022	
Pre-learning:	Have completed below module from Cochrane Interactive Learning
Recap on Module 5:	Introduction to study quality and risk of bias
10:00	Recap and questions on previous workshop
10:30	Practical exercise on Risk of bias
11:00	Break
11:15	Practical exercise feedback
11:45	Data extraction and management; different types and formats of outcome data
12:15	Practical exercise on Data collection/extraction and management
12:35	Practical exercise feedback & open Q&A
13:00	Close



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Course timetable

Day 4 – Friday 4th February 2022	
Pre-learning:	Have completed below module from Cochrane Interactive Learning
Module 6:	Analysing the data
10:00	Recap and questions on previous workshop
10:30	Meta-analysis methods for binary data (odds ratio, risk ratio)
11:00	Meta-analysis methods for continuous data (mean difference, standardised mean difference)
11:30	Break
11:45	Introduction to meta-analysis
12:30	Exploring heterogeneity; subgroup analysis and sensitivity analysis
13:00	Discussion and questions
13:30	Close

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